

PE Overview 2022-23

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Write Dance	Write Dance	Write Dance	Write Dance	Athletics (Sports day activities)	Athletics (Sports day activities)
R	Write Dance	Write Dance	Gymnastics	Dance	Games	Athletics (Sports day activities)
Y1	Yoga Co-ordination	Yoga Balance	Gymnastics Multi Skills	Multi Skills Agility	Football Striking & Fielding	Athletics (Sports day activities)
Y2	Football Co-ordination	Multi Skills Balance	Gymnastics Multi Skills	Multi Skills Handball	Striking & Fielding	Athletics (Sports day activities)
Y3	Gymnastics Handball	Hockey Basketball	Yoga Dance	Yoga Tag Rugby	Football Cricket	Multi Skills Athletics
Y4	Gymnastics Netball	Hockey Basketball	Football Dance	Multi Skills Cricket	Swimming Tag Rugby	Swimming Athletics
Y5	Football Basketball	Multi Skills Hockey	Swimming Dance	Swimming Cricket	Gymnastics Tag Rugby	Athletics Netball
Y6	Swimming Basketball	Swimming Dance	Football Cricket	Multi Skills Tag Rugby	Yoga Gymnastics	Yoga Athletics